

# livingtheword

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Hearing and Living the Sunday Readings

## Reading I

[Gn 15:5-12, 17-18](#)

The Lord God took Abram outside and said, "Look up at the sky and count the stars, if you can. Just so," he added, "shall your descendants be." Abram put his faith in the LORD, who credited it to him as an act of righteousness.

He then said to him, "I am the LORD who brought you from Ur of the Chaldeans to give you this land as a possession." "O Lord GOD," he asked, "how am I to know that I shall possess it?" He answered him, "Bring me a three-year-old heifer, a three-year-old she-goat, a three-year-old ram, a turtledove, and a young pigeon." Abram brought him all these, split them in two, and placed each half opposite the other; but the birds he did not cut up. Birds of prey swooped down on the carcasses, but Abram stayed with them.

As the sun was about to set, a trance fell upon Abram, and a deep, terrifying darkness enveloped him.

When the sun had set and it was dark, there appeared a smoking fire pot and a flaming torch, which passed between those pieces. It was on that occasion that the LORD made a covenant with Abram, saying: "To your descendants I give this land, from the Wadi of Egypt to the Great River, the Euphrates."

## Responsorial Psalm

[Ps 27:1, 7-8, 8-9, 13-14.](#)

(1a) **The Lord is my light and my salvation.**

The LORD is my light and my salvation;  
whom should I fear?

The LORD is my life's refuge;  
of whom should I be afraid?

## **The Lord is my light and my salvation.**

Hear, O LORD, the sound of my call;

have pity on me, and answer me.

Of you my heart speaks; you my glance seeks.

## **The Lord is my light and my salvation.**

Your presence, O LORD, I seek.

Hide not your face from me;

do not in anger repel your servant.

You are my helper: cast me not off.

## **The Lord is my light and my salvation.**

I believe that I shall see the bounty of the LORD

in the land of the living.

Wait for the LORD with courage;

be stouthearted, and wait for the LORD.

## reading II

[Phil 3:17—4:1 or 3:20—4:1](#)

Brothers and sisters:

Our citizenship is in heaven, and from it we also await a savior, the Lord Jesus Christ.

He will change our lowly body to conform with his glorified body by the power that enables him also to bring all things into subjection to himself.

Therefore, my brothers and sisters,  
whom I love and long for, my joy and crown,  
in this way stand firm in the Lord, beloved.

## Gospel

[Lk 9:28b-36](#)

Jesus took Peter, John, and James and went up the mountain to pray. While he was praying his face changed in appearance and his clothing became dazzling white. And behold, two men were conversing with him, Moses and Elijah, who appeared in glory and spoke of his exodus that he was going to accomplish in Jerusalem.

Peter and his companions had been overcome by sleep, but becoming fully awake, they saw his glory and the two men standing with him. As they were about to part from him, Peter said to Jesus, "Master, it is good that we are here; let us make three tents, one for you, one for Moses, and one for Elijah." But he did not know what he was saying.

While he was still speaking, a cloud came and cast a shadow over them, and they became frightened when they entered the cloud. Then from the cloud came a voice that said, "This is my chosen Son; listen to him." After the voice had spoken, Jesus was found alone. They fell silent and did not at that time tell anyone what they had seen.

### Reflection Questions

- Reading the passages slowly and reflectively, what word, phrase or idea strikes you in the readings? (circle or underline them)
- What do you think God is trying to say to you personally through these words?
- Abram has 3 conversations with God about a promise made to him. This is the second and Abram is upset. He has left his home, is in a foreign land, and the promise to be the Father of a large nation is almost laughable as he and his wife are now so old. They do not have a child. Abram asks for a sign. God makes a covenant. In the Old Testament a covenant was a solemn promise between two parties. Both parties would walk through the middle of the split animals as a symbol of what would happen if either party broke the promise. God is the only one to walk through the animals (v17) symbolised by the fire. Can you identify with Abram in your life? What might God's covenant faithfulness mean for you today?
- St Paul loved the Philippian community. They were his first community. They were being pressured politically. To be acceptable they needed to partake in civic ceremonies and the worship of the Emperor cult. They were worried about their image of acceptability. St Paul reminds them their citizenship is in heaven. What pressures do you face to be acceptable in the eyes of the world? How can you live more fully for 'heaven' during this time of Lent?
- The transfiguration of Jesus appearing dazzlingly white symbolises a heavenly reality. Jesus is indeed the Messiah. Fulfilling the law (Moses) and the prophets (Elijah). Jesus' divine nature shines through. While glorious, the ministry in Galilee is now over. Jesus will soon 'set his face like flint' (Lk 9,51) towards the 'exodus', his suffering, death and resurrection in Jerusalem. Peter wants to stay in glory on the mountain. Is there anything you have heard in prayer that requires costly obedience? To move off the mountain to the hard struggle of healing the world?
- The 'Divine Voice' of the Father from heaven speaks only a few times in the Gospels. 9 words are shared today: 'This is my chosen Son, listen to him'. Are you really listening to Jesus? Are you 'falling silent and not telling anyone'?
- What is one action that you will do to 'livetheword' this week?